



Living
Life

Loving
Life



THE TERRACES AT

TUCKERMANLANE

Welcoming
Neighbors

Welcoming
Friends

WELCOME

The Terraces at Tuckerman Lane Senior Living is excited to bring a unique approach to “Aging-in-place” for seniors living in the North Bethesda area. Our services are tailored to meet each resident’s needs by offering a comfortable and supportive home-like environment, while providing the resources needed to engage in purposeful living.



Our Personalized Approach Starts With...

EXPERIENCE, EXPERTISE, & ENGAGEMENT!

Promoting worry-free living and independence is our motto, while customizing care so residents can enjoy all life has to offer!

We customize care so our residents can enjoy all life has to offer! The Terraces at Tuckerman Lane Senior Living means meeting wellness needs *and* providing a wealth of opportunities for personal growth through our Life Enrichment programs.

I would like to express my sincere appreciation for all your efforts in making my mother's transition to The Terraces at Tuckerman Lane such a positive experience. She loves her apartment and already feels very much at home. It brings such peace of mind knowing that she is part of such a caring and considerate community. Thank you again for all you do!

— Jane M.



Experience
Comfort

Residential Living

We offer a multitude of residential options and floorplans to meet individual needs and preferences, including spacious one-bedroom and two-bedroom apartments.

Our affordable apartment rates include three daily meals in the Assisted Living dining room, all utilities, recreational activities and programming.

Amenities included with all private residences:

- Individual climate control
- Walk-in showers with handy safety features
- Comprehensive maintenance
- Weekly housekeeping and laundry service
- 24/7 Emergency Response and Security System
- Onsite beauty salon offering beauty and barber services

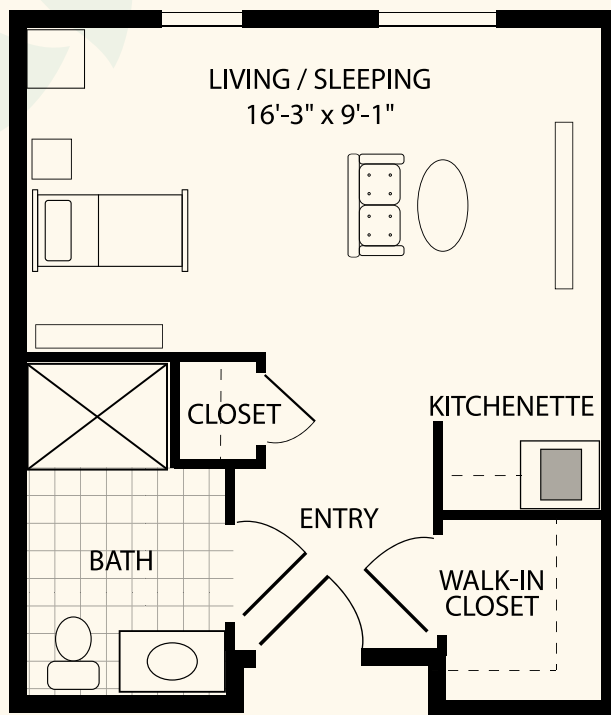
Community recreational areas include:

- Spacious Living Room Areas
- Dining Rooms
- Piano
- Library Area
- Gym
- Pool Table and Shuffle Board

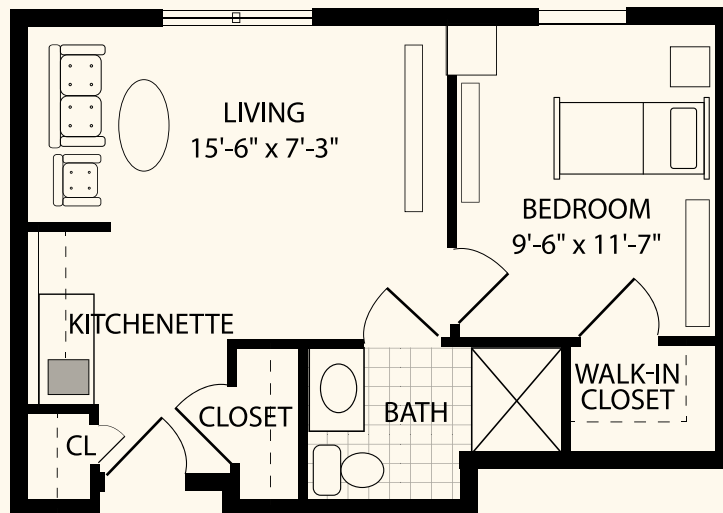


THE TERRACES AT

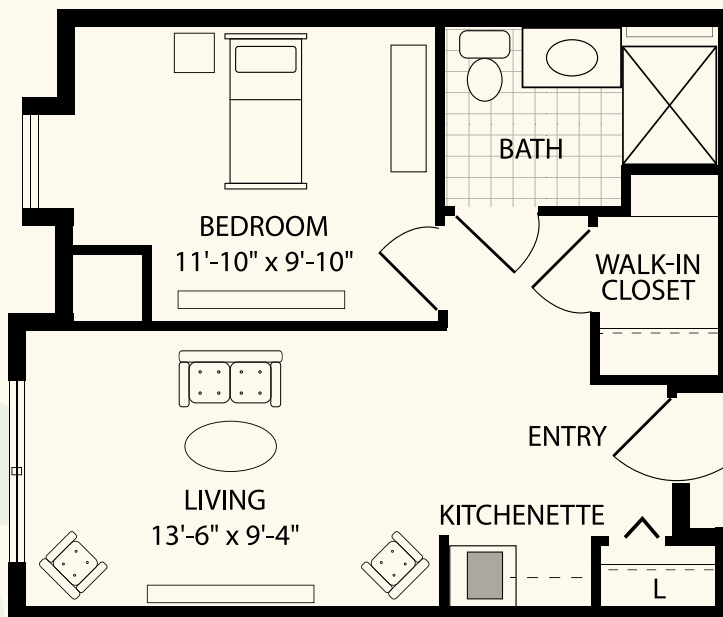
TUCKERMAN LANE



Studio



One-Bedroom



One-Bedroom



THE TERRACES AT

TUCKERMANLANE



Life
Enrichment

Social Wellness

Forging connections and friendships in both the surrounding community and our community is the goal of Life Enrichment programming at The Terraces at Tuckerman Lane.

Recreational Activities and Programs include:

- Exercise Programs
- Art Programs
- Musical Entertainment
- Religious Services
- Holiday, Birthday, and Anniversary Celebrations
- Cultural Events
- Wii Gaming
- Happy Hour
- Gardening
- Barbeques



THE TERRACES AT

TUCKERMANLANE



Delectable Dining

Meals Made with Pride

Our in-house chef makes certain every meal at The Terraces at Tuckerman Lane is a memorable dining experience. Updating our menu with fresh, seasonal favorites, and accommodating any preferences or dietary restrictions* are points of pride for our dining staff. We also provide lighter fare and snacks throughout the day at our Bistro.

THE TERRACES AT TUCKERMAN LANE SAMPLE MENU

Breakfast	Fluffy Buttermilk Blueberry Pancakes <i>Served with Syrup and Fresh Fruit</i>
	Western Omelet <i>Served with Bacon</i>
Lunch	Crab Cakes <i>Served with Full-dressed Baked Potato and Side Salad</i>
	Mediterranean Salad <i>with Cucumber, Feta Cheese, Kalamata Olives and Red Onion with Homemade Balsamic Vinaigrette Dressing, Served with a side of Garlic Bread</i>
Dinner	Homestyle Meatloaf <i>Served with a Twice-Stuffed Baked Potato and Fresh Cut Green Beans</i>
	Salmon <i>with Homemade Dill Sauce, Served with Fresh Spinach and Garlic</i>
Dessert	Homemade Carrot Cake with Icing
	Homemade Chocolate Chip Brownie with a Scoop of Vanilla Ice Cream





Expert
Care

Health & Safety

Nothing matters more to us than caring for our residents. To make sure all personal needs are met, we offer Marquis Enhanced Senior Living Care, a supervised wellness program that monitors the health, safety, and specific requirements of each resident.

Our community facilities are constructed and operated according to the highest safety standards. A call alert system provides assistance whenever needed, and our 24/7 on-site care and nursing staff stand ready to help. Advanced fire detection and suppression systems add to the security and peace of mind at our community.

On-Site Health Services

- 24/7 on-site nursing available
- Primary Care Physicians
- Medication Management
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Podiatry
- Optometrist
- Audiologist
- Dentistry

For residents in need of sub-acute rehabilitation or long-term nursing care, we stand ready to make the transition a seamless one.



THE TERRACES AT

TUCKERMANLANE

A close-up photograph of two elderly women with white hair, smiling and embracing each other. The woman on the left is wearing a light pink top, and the woman on the right is wearing a light yellow top. A teal square with white text is overlaid in the center. The woman on the right is wearing a gold ring and a black watch.

Respite Service

Respite Care

Being a caregiver is often stressful and taxing. Taking a much-deserved break from the day-to-day routine of caregiving is essential to the wellbeing of caregivers.

The Terraces at Tuckerman Lane Respite Care Service provides caregivers with a temporary break from daily duties and responsibilities. Whether it's just a few days off, or time away for a family vacation or special event, The Terraces at Tuckerman Lane Respite Care team is ready to provide your loved one with exemplary care.

Respite Care also provides a great opportunity for potential residents to try the The Terraces at Tuckerman Lane community before committing to moving in.

Respite Care Services:

- 24-Hour Support
- Medication Administration
- Daily Activities Programming
- Restaurant-Style Dining
- Housekeeping Services
- Availability of Rehabilitation Services
- Physician Support

Worry-Free Pricing

Our approach to “Worry-Free” Pricing is simple: No surprises, no jumps in level of care, just an all-encompassing rate, making budgeting for your loved one's care easy!

Unlike many assisted living communities who will nickel and dime residents for every care need, The Terraces at Tuckerman Lane Senior Living gives families the option of choosing our “worry-free” pricing model, which avoids all of those confusing point systems and surprise cost increases. Ask about this lease option and start your “worry-free” living today!



THE TERRACES AT
TUCKERMANLANE



THE TERRACES AT
TUCKERMAN **LANE**

5550 Tuckerman Lane • North Bethesda, MD 20852
301-579-4953



ENHANCED SENIOR LIVING
A MARQUIS PROGRAM